

**PFSE reminds consumers that the influenza virus A/H1N1 is not spread by food.**

Eating properly handled and cooked pork and pork products is safe. The swine flu virus is spread from humans to humans.

Frequent proper hand washing is one important way to reduce the risk of illness and to avoid the spread of viruses from one person to another. Wash hands with warm water and soap for 20 seconds - about as long as it takes to sing Happy Birthday twice. It is always important to practice safe food handling at home as a way to reduce risk of illness. Explore [fightbac.org](http://fightbac.org) for home food safety information.

For more on swine flu see [www.cdc.gov/swineflu](http://www.cdc.gov/swineflu)