

States	Health Standards Addressed by Children Fight BAC!
National Health Education Standards	National Health Education Standards Health Education Standard 1 : Students will comprehend concepts related to health promotion and disease prevention (#1). Health Education Standard 3 : Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks (#1).
National Standards for Family and Consumer Sciences Education	National Standards for Family and Consumer Sciences Education 8. Food Production And Services : 8.2 Demonstrate food safety and sanitation procedures. 9. Food Science, Dietetics, And Nutrition : 9.2 Apply risk management procedures to food safety, food testing, and sanitation. 14. Nutrition And Wellness : 14.4 Evaluate factors that affect food safety, from production through consumption.
Alabama	<a href="mailto:marthad@alsde.edu">mailto:marthad@alsde.edu</a>
Alaska	Alaska Standards – Content Standards for Alaska Students Science Skills for a Healthy Life Technology
Arizona	Arizona Academic Standards Comprehensive Health Education Standard 1 : 1CH-E1: PO 1: Describe positive health behaviors which can prevent common injuries, diseases and other conditions. Comprehensive Health Education Standard 3 : 3CH-E1: Explain the importance of assuming responsibility for personal health behaviors.
Arkansas	<a href="mailto:gpotter@arkedu.k12.ar.us">mailto:gpotter@arkedu.k12.ar.us</a>
California	Health Framework for California Public Schools Expectation 1 : Students will comprehend concepts related to health promotion and disease prevention. Preparing a variety of healthy foods, using safe and sanitary food preparation and storage techniques, with emphasis on how food-handling and preparation practices affect the safety and nutrient quality of foods. Expectation 2 : Students will understand and demonstrate behaviors that prevent disease and speed recovery from illness. Practicing good personal hygiene to prevent the spread of disease. Recognizing symptoms of common illnesses.
Colorado	Health not included in curriculum content standards on the web
Connecticut	Connecticut Framwork Content Standard 2: Injury and Disease Prevention – Students will avoid risk-taking activities that cause intentional and unintentional injuries and diseases. Identify the causes, symptoms, and prevention methods of communicable and non-communicable diseases.
Delaware	Curriculum Frameworks Content Standards Health Education Curriculum Framework Standard 1 : Students will comprehend concepts related to health promotion and disease prevention. Health Education Curriculum Framework Standard 3 : Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.
Florida	Sunshine State Standards - Health and Physical Education 6-8 Health Literacy - Standard 1 : The student comprehends concepts related to health promotion and disease prevention (HE.A. 1. 3). – #1 and 8 Responsible Health Behavior – Standard 1 : The student knows health-enhancing behaviors and how to reduce health risks (HE.B.1.3). - #1, 2, and 4
Georgia	Quality Core Curriculum Standards and Resources Technology and Career Education – Grade 6: Exploratory Family and Consumer Science : Topic 12: Foods and Nutrition – Practices safety and sanitation in food-handling and use of equipment.
Hawaii	Hawaii Content and Performance Standards II Health Content Standard 1 : Student comprehend concepts related to health promotion and disease prevention. All standards must be taught in the following content areas: Injury and Violence Prevention, Tobacco Use Prevention, Alcohol and Other Drug Use Prevention, Sexual Health, Nutrition, Physical Activity, Mental Health, Personal and Consumer Health, and Community and Environmental Health. Nutrition includes healthy eating, accessing nutrition information and products, influences on food choice, balancing food intake and physical activity, and food safety.
Idaho	Idaho Achievement Standards 767. Health Standards : 01- Acquire the essential skills to lead a healthy life. 824. Risk Taking Behavior : 01- Demonstrate the ability to practice health-enhancing behavior and reduce health risks.

Illinois	Illinois Learning Standards State Goal 22 : Understand principles of health promotion and the prevention and treatment of illness and injury (22.A.3a; 22.A 3b).
Indiana	Indiana's Academic Standards & Resources Standard 1 : Students will comprehend concepts related to health promotion and disease prevention. 6.1.8 – Describe how pathogens are related to the cause or prevention of disease.
Iowa	No state curriculum standards.
Kansas	Health not included in curriculum content standards on the web.
Kentucky	Core Content for Practical Living/Vocational Studies Assessment Academic Expectation 2.31 : Students demonstrate knowledge and skills they need to remain physically healthy and to accept responsibility for their own physical well-being (PL-M-1.3.1; PL-M-1.3.2). Program of Studies - Primary Health Education HE-P-18 : Students will identify basic health habits (e.g., handwashing, care of teeth and eyes, covering coughs and sneezes, sun protection) which affect self and others and prevent spread of disease.
Louisiana	Health not included in curriculum content standards on the web
Maine	State of Maine Learning Results A. Health Concepts : Students will understand health promotion and disease prevention concepts. #9 - Describe how disease-causing microorganisms, family history, nutrition, and other factors relate to the cause or prevention of disease and other health problems.
Maryland	Health not included in curriculum content standards on the web
Massachusetts	Massachusetts Comprehensive Health Curriculum Framework - 6-8 Pre K-12 Standard 3 Nutrition : Students will gain the knowledge and skills to select a diet that supports health and reduces the risk of illness and future chronic diseases (3.12). Pre K-12 Standard 8 Disease Prevention and Control : Students will learn the signs causes and treatment of chronic and communicable diseases, and will gain skills related to health promotion, disease prevention, and health maintenance (8.5 and 8.9).
Michigan	Maryland Content Standards Content Standard 1 : All students will apply health promotion and disease prevention concepts and principles to personal, family, and community health issues. Content Standard 3 : All students will practice health-enhancing behaviors to reduce health risks.
Minnesota	There are no state standards in Health.
Mississippi	Mississippi State Frameworks: Comprehensive Health Framework Disease Prevention and Control : #1 - Describe how individuals are motivated to prevent and control disease.
Missouri	The Show-Me Standards Health/Physical Education : Students in Missouri public schools will acquire a solid foundation which includes knowledge of diseases and methods for prevention, treatment, and control.
Montana	Montana Content and Performance Standards Health Enhancement Content Standard 5 : Students use the ability to use critical thinking and decision making to enhance health. Health Enhancement Content Standard 7 : Students demonstrate health-enhancing behaviors.
Nebraska	Health not included in curriculum content standards on the web
Nevada	Nevada Academic Standards Health Content Standard 1.0 : Students will comprehend concepts related to health promotion/disease prevention. 1.5.1 Explain the relationship between positive health behaviors and the prevention of injury, illness, disease and premature death.
New Hampshire	Health not included in curriculum content standards on the web
New Jersey	New Jersey Core Curriculum Content Standards Standard 2.1 (Wellness) : All students will learn and apply health promotion concepts and skills to support a healthy, active lifestyle (A; D).

New Mexico	<p>Content Standards and Benchmarks</p> <p>Health Education – Standard 1 : Students will comprehend concepts related to health promotion and disease prevention.</p> <p>Benchmark 5-8 : Describe how lifestyle, pathogens, family history, and other risk factors are related to the prevention or cause of disease and other health problems.</p>
New York	<p>Core Curriculum/Resource Guides</p> <p>Health, Physical Education, and Family and Consumer Science Resource Guide Standard 1 : Students will have the necessary knowledge and skill to establish and maintain physical fitness, participate in physical activity, and maintain personal health. Students will use an understanding of the elements of good nutrition to plan appropriate diets for themselves and others. They will know and use the appropriate tools and technologies for safe and healthy food preparation. Students will apply principles of food safety and sanitation.</p>
North Carolina	<p>North Carolina Standard Course of Study</p> <p>Healthful Living Curriculum – Grade 5 Competency Goal 5 : The learner will apply behavior management skills to nutrition-related health concerns.</p> <p>5.04 Apply basic food safety rules for selecting, storing, preparing, cooking, cooling and reheating food.</p>
North Dakota	<p>North Dakota Standards and Benchmarks: Content Standards</p> <p>Health Standard 2: Health Promotion and Disease Prevention – Students understand concepts related to health promotion and disease prevention.</p> <p>8.2.3 – Know sources, symptoms, and treatment of diseases and other health problems (Grades 5-8).</p>
Ohio	Health not included in curriculum content standards on the web
Oklahoma	Link to health curriculum content on the web is under development.
Oregon	Health not included in curriculum content standards on the web
Pennsylvania	<p>Academic Standards</p> <p>Family and Consumer Science - 11.3.6 Food Science and Nutrition : Describe safe food handling techniques (e.g., storage, temperature control, food preparation, conditions that create a safe working environment for food production).</p>
Rhode Island	<p>Rhode Island Standards and State Frameworks</p> <p>Health Education Framework Standard 1 : Students will understand concepts related to health promotion and disease prevention as a foundation for a healthy life. 7. Describe how lifestyle, family history, pathogens and other risk factors are related to the cause or prevention of disease and other health problems (Grades 5-8).</p>
South Carolina	<p>South Carolina Health and Safety Education Curriculum Standards</p> <p>Content Area I: Personal Health and Wellness Standard 1 : Comprehend health promotion and disease prevention concepts.</p> <p>Content Area I: Personal Health and Wellness Standard 3 : Demonstrate the ability to practice behaviors that enhance health and reduce risks.</p> <p>Content Area II: Nutritional Choices Standard 3 : Demonstrate the ability to practice behaviors that enhance health and reduce risks.</p>
South Dakota	<p>South Dakota Content Standards</p> <p>Health Education Content Standards : Standard One: Students will understand health promotion and disease prevention concepts and practices.</p> <p>Family and Consumer Science Content Standards - Nutrition and Wellness Core Standards : 6.4.1 – Identify conditions and practices that promote safe food handling.</p>
Tennessee	<p>Tennessee 6-8 Healthful Living Curriculum Standards</p> <p>Standard 1 : The student will understand the role of personal hygiene practices as related to healthful living (Level 1).</p> <p>Standard 2 : The student will understand the role of body systems as related to healthful living (Level 1 and 2). Curriculum Integration: Physical Education 4.4, 4.8, 4.9; Life Science 1.1, 3.3.</p> <p>Standard 4 : The student will understand the relationship of nutrition to healthful living (Level 1). Curriculum Integration: Life Science 3.1</p> <p>Standard 10 : The student will understand attitudes and behaviors for preventing and controlling disease.</p> <p>Twenty for Tennessee Campaign - Goal #4 Handwashing</p>
Texas	<p>Texas Essential Knowledge and Skills</p> <p>Chapter 122. Texas Essential Knowledge and Skills for Home Economics Education - Subchapter A. Home Economics Foundations, Middle School : (17)</p> <p>Nutrition and food. The student demonstrates basic meal management techniques. The student is expected to: (B) demonstrate basic principles of sanitation and safety relating to meal management.</p>

Utah	Utah Health Education – 6 Standard 4 : The students will understand concepts related to health promotion and disease prevention (Objective 1). Utah Technology, Life and Careers - 7 Standard 3 : The student will develop basic skills related to family and consumer sciences and skills necessary to enhance independence and a positive self-concept (Objective 3-3).
Vermont	Vermont's Framework of Standards and Learning Opportunities Healthy Choices 3.5 : Students make informed, healthy choices that positively affect the health, safety, and well-being of themselves and others. 3.5.aa. Describe how lifestyle, pathogens, family history, and other risk factors are related to the cause or prevention of disease, injuries, pregnancy, and other health issues.
Virginia	Standards of Learning for Virginia Public Schools Health (Grade Four) : 4.4 - The student will demonstrate an understanding of health concepts and behaviors that prevent illness of self and others. Key concepts/skills include the spread of germs (viruses, bacteria, and fungi).
Washington	Health and Fitness Essential Academic Learning Requirements Content Specifications – Benchmark 1& 2 Essential Learning 2 : The student acquires the knowledge and skills necessary to maintain a healthy life: Recognize patterns of growth and development, reduce health risks, and live safely. 2.2 Understanding the concept of control and prevention of disease ( 2.2b ).
West Virginia	West Virginia Content Standards and Objective s Policy 2520.5 – Health Content Standard 1: Health Promotion and Disease Prevention (HE.S.1) : Students will comprehend concepts related to health promotion and disease prevention. HE.5.1.4 : Describe different organisms (e.g., viruses, bacteria, protozoa, worms, fungi) that cause diseases (Grade 5).
Wisconsin	Wisconsin's Model Academic Standards for Health Education A. Health Promotion and Disease Prevention A.8.7 – Explain the relationship between positive health behaviors and the prevention of injury, illness, disease, and premature death. B. Healthy Behaviors B.8.1 – Explain the importance of assuming responsibility for personal health behaviors. B.8.4 – Demonstrate strategies to improve and maintain personal and family health.
Wyoming	Wyoming Health Education Content and Performance Standards Content Standard 1. Health Promotion and Disease Prevention : Students will comprehend concepts related to health promotion and disease prevention (#6).
Reference:	State Content Standards - <a href="http://www.ccsso.org/projects/State_Education_Indicators/Key_State_Education_Policies/3160.cfm">http://www.ccsso.org/projects/State_Education_Indicators/Key_State_Education_Policies/3160.cfm</a>