HOME FOOD SAFETY MYTHBUSTERS

Quiz 2013

The Partnership for Food Safety Education
1: True or False?

It’s ok for adults to sneak a spoonful of raw cookie dough!
False.

No one of any age should eat raw cookie dough or cake batter because it could contain germs that cause illness.
2: True or False?

Microwaves are so easy to use, you don’t have to read the package instructions to make safe food.
False.

Following package instructions is an important way to make sure your food is safely prepared. “Heat and eat” foods need to be heated to a safe internal temperature as measured by a food thermometer.
3: True or False?

It’s not enough to put hands under running water. You need to use water AND soap to send harmful bacteria down the drain.
True.
Rubbing hands with running water and soap is the best way to get germs off of your hands.
4: True or False?

If produce comes in a package, then it is safe to eat as is.
False.

Just because produce is wrapped, it doesn’t mean it’s ready to eat as is. It might require a “clean” step. Read the label of the product to make sure it says: “ready-to-eat,” “washed,” or “triple washed.”
Visit www.fightbac.org for more useful downloads.

The Partnership for Food Safety Education
2013

Together: A Food Safe America.