Last Name (first four letters): Eight Name (first four letters):	ī	Data:				
Last Name (first four letters): First Name (first four letters): Instructions: Thank you for taking part in learning more about safe		Date:		ctico		
Part I: Please circle the numbers that can represent your answer to the			pia	Clice	٥.	
art i. I leade direie the hambers that barr represent your answer to the		OW			Н	igh
If I compare myself with an average person of my sex and age, ther risk of suffering from foodborne illness could be		0	0	0		0 0
If I become sick from foodborne illness, the severity of the illness is to be	likely	0	0	0	0 0	0
My confidence in my ability to cook meat and poultry that tastes and looks good is	ı c	0	0	0	0 0	0
My confidence in my ability to cook meat and poultry that is safe to	eat is C	0	0	0	O C	0
My confidence in my ability to use a food thermometer when cooking	g C	0	Ο	0	O C	0
large piece meat or whole poultry is My confidence in my ability to use a food thermometer when cooking small cuts of meat or poultry is	g C	0	0	0	O C	0
Part II: Please answer the questions below to help us learn what you 1. What is the most accurate way to find out if meat/poultry is cook answer) Cook food at the right temperature, and for the length of Check the color of the meat. (For example, hamburgers pink).	ed safely f time red	/? (C :omm	heck nende	the ed in	ONE the re	best ecipe.
 ☐ Check to see if casseroles are steamy and cheese is media. ☐ Cook food at the recommended temperature and use a temperature. ☐ Not sure 2. What is the maximum time fish, meat, poultry, cut fruit, and veget temperature? (Check the ONE best) 	thermom					
\Box 2 hours \Box 3 hours \Box 4 hours \Box Not sur	re	- -				
 3. What is the safest way to chill large containers of food? (Check to Chill in the container in which the food was cooked Chill in a deep container Chill in a shallow container It does not matter how it is chilled. There is no recomme Not sure 4. The temperature for the refrigerator should be (Check the ONE) 	endation.			wer)		
□ Setting "A" or "1" □ Setting "C" or "3" □ 40°F or below □ 50°F	or below	/		ot sui	re .	
5. Check if you believe the practice is recommended.						
	Recommend		No ecomm		Not	Sure
Wash hands with warm water and soap						
Wash raw meat and poultry with running water						
Wash fruits and vegetables under running water						
Wash surfaces and kitchen utensils with hot, soapy water						
Use separate cutting boards for raw meat and fresh produce						
Frozen vegetable can be thawed and eaten without further cooking						

9. What is your plan for the holidays? Hosting a holiday gathering Contributing dishes in a holiday gathering Being a guest in a holiday gathering Not celebrating Prefer not to answer 10. What is your age? 18-24 25-34 35-54 55 and above Prefer not to answer 11. What is your Gender? Female	Part III: Please answer some more questions, so we can learn more about you. 6. I am the primary meal preparer in my family.	
Hosting a holiday gathering Contributing dishes in a holiday gathering Being a guest in a holiday gathering Not celebrating Prefer not to answer	9. What is your plan for the holidays?	
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