



Broccoli Supreme Stuffed Potatoes

Makes 4 Servings

This recipe was developed using the Safe Recipe Style Guide at SafeRecipeGuide.org

Ingredients

2 baking potatoes, large
16 oz frozen chopped broccoli
8 oz pasteurized process cheese spread
1 teaspoon Dijon style or prepared mustard
1 cup diced cooked ham, turkey or chicken

Directions

- 1.** Wash hands with soap and water.
- 2.** Scrub the potatoes with a clean vegetable brush under running water.
- 3.** Pierce potatoes with a fork and microwave on high 7-9 minutes or until tender. Turn once halfway through cooking time. Set potatoes aside.
- 4.** Prepare broccoli according to package directions. Drain the cooked broccoli. In a microwave-safe bowl, combine broccoli, cheese, mustard and cooked meat. Microwave 1-2 minutes until cheese is melted. Stir to mix.
- 5.** Cut potatoes in half lengthwise and lightly mash with a fork. Place $\frac{1}{4}$ of the broccoli mixture on each potato half. Serve.

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