

MYTH:

“I don't need to rinse this melon for safety -- the part I eat is on the inside!”

FACT:

Sure you're not eating the rind of the melon, but there are many ways for pathogens on the outside of the melon to contaminate the edible portion.

A knife or peeler passing through the rind can carry pathogens from the outside into the flesh of the melon. The rind also touches the edible portion when fruit is arranged or stacked for serving and garnish.

- ✓ *Play it safe and rinse your melon under running tap water while rubbing by hand or scrubbing with a clean brush.*
- ✓ *Dry the melon with a clean cloth or paper towel.*