

Refrigerate all cut, peeled, or cooked fresh fruits and vegetables within two hours of preparing.





Separate produce from raw meat, poultry, seafood, eggs and household chemicals in the store and at home.





Check all fresh produce for signs of bruising or damage.





Wash hands with warm water and soap for at least 20 seconds before and after handling fresh fruits and vegetables.





PRODUCE

Clean all surfaces and utensils with hot water and soap, including cutting boards and knives, before and after preparing fresh fruits and vegetables.





Just before use, rinse under running water only the fruits and vegetables you plan to eat, including those with skins or rinds that are not eaten.





Firm-skin fruits and vegetables should be rubbed by hand or scrubbed with a clean brush while rinsing under running tap water.





Do not use soap or bleach to wash fresh fruits or vegetables. These products are not intended for consumption.





produce protip

Do not use soap or bleach to wash fresh fruits or vegetables. These products are not intended for consumption.





Throw away any fruit or vegetables that have touched raw meat, poultry, seafood, or eggs.





produce protip

Throw away any fresh fruit and vegetables that have not been refrigerated within two hours of cutting, peeling, or cooking.





Remove and throw away bruised or damaged portions of fruits and vegetables when preparing to cook them or before eating them raw.

