

# Grades K-3: About the FightBAC! Program

## Welcome, Fellow BAC-Fighter

Here is your hands-on guide for the Fight BAC!<sup>TM</sup> Education Program for children.

This kid-friendly interactive program - targeted to children from Kindergarten through 3rd grade - is sponsored by The Partnership for Food Safety Education, a public/private partnership created to reduce the incidence of foodborne illness by educating Americans about safe food handling.

The Partnership includes government, industry, and consumer organizations.

- The program is all about teaching young children about the importance of safe food practices, and reaching their families with this important message, too.
- This guide gives you everything you need to make the topic of food safety lots of fun - for yourself and the children.

## Read All About It!

More and more, food safety is in the news. As government regulations continue to draw attention at national and local levels, teachers and schools are addressing food safety in their classes. But most teachers don't have appropriate materials for sharing this topic with their classes.

## About the Program

Even children can learn about food safety! This important subject has been developed into a fun presentation story in two levels, depending on the age of the children you'll be visiting. Both stories feature that germ culprit of unsafe food practices - BAC. (He's the bad guy - Bacteria.)

## Your Young "Recruits" –What They'll Learn

The four concepts you will be sharing with the children are:

- 1. Wash your hands often - but especially before handling food.**  
At these ages, curious children are helping to prepare meals and pack lunches - and certainly, eating! Handwashing is a key step in their food safety plan.
- 2. Refrigerate food that should be kept cold**  
In addition to having the children understand the importance of putting food back in the refrigerator, they can also relate to the idea of packed lunches. Encourage them to use cold packs in their lunchboxes.
- 3. Rinse fruits and vegetables before eating**  
Young snackers need to know about rinsing with water before munching away. Remind them to just use water, though.
- 4. Keep counters clean**  
Areas where food is prepared should be prime BAC-fighting spots. Remind children that some things don't belong on the counter - like backpacks, pets and smelly shoes. Intrigue them by asking about other things that don't belong there.

## What This Program Includes

This self-contained Presenter's Guide gives you all the tools you'll need. Just add a green sock or a paper lunch bag. (Puzzled? Read on.)

### Here's what you'll find:

- **Two Scripts**
  1. For K - 1st grade - designed as a "read aloud" story, and includes handwashing poem #1.
  2. For 2nd - 3rd grade - more interactive, for those at a more "inquisitive" age, and includes handwashing poem #2 plus sing-along song.
  
- **Reproducible Masters**
  1. Illustrated Song Sheet, with 2 Handwashing Poems on the back
    - *For handout during the classroom visit*
  2. For Parents: Fight BAC!™ Food Safety Fact Sheet
    - *For children to take home to parents*
  3. Safe Food National Park Family Vacation Game
    - *For children and families to share together*
  
- **Full-color BAC Puppet Character**
  
- **Family Vacation Game color classroom poster (10 copies)**

### EXTRA BONUS!

Inside the back cover, you'll find multiple copies of the Food Safety Patrol badge. Photocopy enough so that each child can have a badge - and distribute them when you "deputize" the children.

### The Scoop on Local Publicity

The classroom presentation offers a great opportunity for letting the local media know that you're working with children and families to educate them about food safety.

- Local press
- Neighborhood weeklies
- School newsletters
- PTA/PTO announcements
- In-store/community bulletin boards