

Grades K-3: Planning

Timing

September is Food Safety Education Month, but remember that any time is the right time for children to learn about food safety! Consider using this program around holiday time, or as picnic season starts.

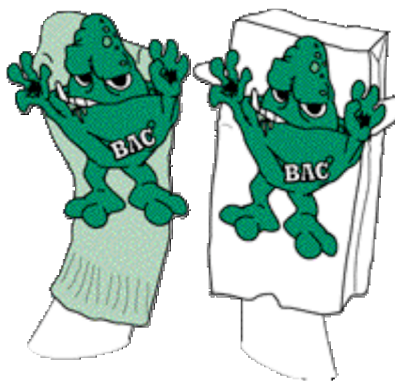
Contacting the School

Call the principal first. In an elementary school setting, the principal is usually the first point of contact. Ask for the name of the teacher(s) to contact to set up your visit.

Teacher Prep

- Review the concepts of the program with the teacher so that she knows what to expect.
- Find out how many children are in the classroom, so you can make enough copies of the handouts. (See "Preparing Your Handout Materials")
- Request a table/desk and chair for yourself. Having a tabletop for the script makes it easier to turn the pages.

Making Your Puppet





The puppet is your "partner" in the presentation (but he's certainly not a "good guy"). He's easy to make with the enclosed BAC Character® and either a sock or a lunch-sized paper bag.

You'll need:

- BAC Character®
- 1 sock (preferably a green one) or 1 lunch-size paper bag
- Glue or tape
- Velcro dots

Steps:

1. Cut out the full-color BAC Character® and the symbol
 2. **If using a sock:**
 - Using velcro, secure the BAC Character® to the sock
- If using a lunch bag:**

- Place your hand inside the lunch bag. Mark where your thumb and pinky finger are.
 - Cut holes in the bag for your thumb and pinky to fit through (they will move BAC's "arms").
 - Glue the BAC Character® to the bag, placed so that his arms will be in front of your thumb and pinky.
3. Affix velcro dots to the front of the sock or the bag and to the red  symbol. At the end of the presentation, as BAC gets chased away, you can stick the red  symbol on his chest - or have one of the children do it.

For extended wear, laminate the BAC Character® before making your puppet.

Handout Materials (Photocopy one of each for every child)

Handout #1: Song Sheet and Poems (Pages 27-28)

On the Front: Song/Coloring Sheet

- For grades 2-3, you'll use the song sheet during the presentation. The simple lyric is sung to the tune of *Row, Row, Row Your Boat*.
- If leading a song isn't your "specialty," enlist the teacher's help.
- For grades K-1, the song is not part of the script. So, hand the sheet out at the end, and invite the children to color the song sheet to use as a mini-poster about food safety. It looks great on the refrigerator and they can sing with their families. (Remind them that *Row, Row, Row Your Boat* is the melody.)
- Artwork features the four key messages developed in the stories, and provides a visual cue for early readers.

On the Back: Handwashing Poems

- The back of the sheet features two handwashing poems, one for each level.

Handout #2: Family Board Game: Safe Food National Park

- The whimsical art features such "National Park" landmarks as Soap and Water Hot Springs, Chilly Fridge Ridge, Clean Counter Plateau and Veggie Wash Falls. Children will love sharing the game - and their new knowledge about food safety - with parents, families and friends.
- Photocopy as a "spread" on 11" x 17" paper if possible. If not, photocopy both pages and tape them together to form the game board.

Handout #3: Fight BAC!™ Parent Message

- This reproducible features important food safety messages for adults. It's a great tool for providing parents with valuable information and tips that will help them to practice good food safety habits.
- In addition to one Parent Message for each child to take home, consider making additional copies to leave in the school health office, or provide multiples for an upcoming PTA/PTO event. Try using a brightly-colored paper stock.

Trial Run: Rehearsing your Presentation

- Choose your script according to which age group you'll be visiting.

- Read the script through a few times to become familiar with it. Try practicing with young family members or friends.
- Get to know BAC - your presentation "partner." Make him talk to you in front of a mirror - and answer back. It helps to "ham it up" by using a different, "grumbly" voice for BAC.
- Try to keep the puppet still when he is not speaking. You don't want to confuse the children as to whom is speaking, you or BAC.